



West Ashtead School Child Friendly Anti Bullying Policy





What is bullying?

Bullying is always a choice.

Bullying can happen in a one off incident or happen again and again.

Bullying can be by one person or a group of people.

What are the main types of bullying?

<p><u>Physical Bullying</u></p> 	<ul style="list-style-type: none"> • Hitting • Smacking • Kicking • Punching • Or any physical contact that is harmful
<p><u>Verbal Bullying</u></p> 	<ul style="list-style-type: none"> • Name calling • Threats • Offensive or unkind remarks • Insulting someone because of their religion, skin colour or background
<p><u>Indirect Bullying</u></p> 	<ul style="list-style-type: none"> • Spreading nasty stories about someone • Gossiping and leaving someone out from social groups • Stopping someone from having a happy time at school
<p><u>Cyber Bullying</u></p> 	<ul style="list-style-type: none"> • Sending nasty e-mails • Sending nasty texts • Making nasty phone calls

What do you do if you think you are being bullied?

Speak to an adult in school or your parent/ carer about the situation.

Staff at school will listen to you and try to solve the problem.

What if I see someone being bullied?

Encourage them to speak to an adult in school.

Report what you have seen to an adult at school.

Speak up! We can stop bullying.

What happens to the person doing the bullying?

A member of staff will talk to the children about their behaviour.

They will be asked to think about what they have done and how they can make it better.

If their behaviour continues, they will have a discussion about their behaviour with a senior teacher.

If the bullying still continues, then parents will be called into school to discuss what has happened. Parents will be asked to support the school to resolve the issues.