



Curriculum Intent for PSHE

- a curriculum that is ambitious for all pupils;
- a curriculum that is coherently planned and sequenced;
- a curriculum that is successfully adapted, designed and developed for pupils with special educational needs and/or disabilities;
- a curriculum that is broad and balanced for all pupils.

What does PSHE look like at West Ashtead?

At West Ashtead we believe that our children should build a toolkit to prepare them for life in school and beyond. Our PSHE curriculum aims to progressively build their knowledge of and skills in understanding the world around them and their part in it, the importance of building and maintaining relationships and how to keep their minds and their bodies healthy and safe.

PSHE is taught in interactive sessions, focussing on the knowledge and vocabulary the children need to enhance their understanding of the topic being covered.

What do our children say about PSHE?

"We learnt about how Food Banks work and how to manage money. I know I want to get a good job now!"

"I like learning about how my body works and how it will change- it's important."

Why is PSHE important?

PSHE is an important curriculum area because it features strongly in all other areas. Learning to recognise and manage your feelings and emotions, recognise the needs of others, know how to keep your mind and body safe are life skills. Success in PSHE promotes success in all areas of learning.

This preparation for life is essential to success in home life, school life and in the future careers our children will pursue.

How do we enrich our children's understanding of PSHE?

Children explore PSHE topics in practical ways: cooking and gardening workshops, sports days and projects, themed weeks such as Anti-Bullying Week and Feeling Good Week.

They access their learning through assemblies, film, video, stories, games and with 'real' equipment.

Discussion of ideas and opinions and drama are also used to enrich childrens' understanding of this curriculum area.

